



Park Mains High Sports Complex

Every Tuesday & Thursday
Classes 5 Yrs to Adult

Book your free lesson now with
Sensei McQueen 7th Dan



PARK MAINS
COMMUNITY SPORT HUB



Tel: 07976-268518

Website: shitoryu-erskine.co.uk

FREE KARATE LESSON + FREE KARATE SUIT ON JOINING

Simply fill in the free passes below and come along on a training night to try
- no obligation



FREE PASS

Admits One

Name

.....



FREE PASS

Admits One

Name

.....